## **CUMBERLAND VALLEY EAR, NOSE, & THROAT CONSULTANTS**

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## **PATIENT SELF HISTORY SHEET**

Name:		SEX: MALE / FEMAL	E Last 4 SS#		
Who Referred			lame erred		
Main Reason for today's visit: (Describe in ONE Sentence):					
Location (Where is the p	problem?):				
Date symptom(s) began	:				
Frequency of Symptoms	:: □ Constant □	ntermittent □ Occasio	nal □ Rare		
Intensity of Symptoms	: 🗆 Mild 🗆 Mod	erate □ Severe			
How did symptoms start	? □ Gradual □ Sudo	denly			
Associated Symptom(s):					
Have you taken any medications for this problem? □ No □ Yes, if so please list:					
Have you had any Labs, X-Ray, CT, MRI or Ultrasounds for this problem? ☐ No ☐ Yes, if so what test(s) & where					
PAST/PRESENT MEDICAL HISTORY: Please check any ongoing medical conditions that you have already been diagnosed by doctors, including serious illness of the past. DO NOT check any problems which have not yet been addressed by a doctor.					
☐ No Past/Present Medical Hx	□ COPD	☐ Heart Failure (Congestive)	□ Osteoporosis		
□ Acid Reflux	☐ Coronary Artery Disease	☐ Heart Attack(Year:)	□ Panic Disorder		
☐ Alcoholism	□ Degenerative Disc Disease	☐ Hepatitis	□ Prostate Enlargement		
☐ Alzheimer's Disease	□ Depression	(Circle:) A B C	☐ Seasonal Allergies		
□ Anemia	☐ Diabetes Type I(Insulin Dep)	☐ High Blood Pressure	☐ Seizure Disorder		
□ Anxiety	☐ Diabetes Type II(Non-Insulin)	☐ High Cholesterol	☐ Sleep Apnea		
☐ Arthritis/ Rheumatoid	□ Drug Abuse	☐ High Triglycerides	☐ Stomach Ulcers		
□ Asthma	□ Eczema	□ HIV	□ Stroke (Year:)		
☐ Atrial Fibrillation	□ Emphysema	☐ Kidney Disease	☐ Thyroid Problems		
☐ Bipolar Disorder	□ Fibromyalgia	☐ Macular Degeneration	□ TIA (Year:)		
☐ Cancer (Year:)	□ Glaucoma	☐ Migraine/Headaches	□ Other:		
Type:	☐ Hearing Loss	□ Obesity			

□ Obesity

☐ Hearing Loss

Latex Allergy:       No       Yes (if yes, list reaction)         Drug Allergies:       Yes (if yes, list drug and type of reaction below)				
IMMUNIZATIONS: Have you received an Inf	luenza Vaccine this year? a Pneumonia Vaccine?	□ No □ Yes (Date: □ No □ Yes (Date:		
SOCIAL HISTORY: Do you smoke or use tobacco products?		□ No □ Yes		
Do you drink alcohol beverages		□ No □ Yes		
Employment: □ Full Time □ Part Occupation:		□ Retired □ Student	□ Unemployed	
SURGICAL HISTORY: Please check ANY surg No Previous Surgery  ENT Related: Adenoidectomy Ear Drum Repair Ear Tubes Mastoidectomy Septoplasty Sinus Surgery: Year & Where Tonsillectomy	eries you have had in your  Appendectomy  Back Surgery (Disc)  Cardiac Pacemaker  Cardiac Stenting  Carotid Endarterectomy  Cataract  Colectomy  Coronary Artery Bypass Year:  Defibrillator	lifetime.  Gallbladder Hernia Repair Hip Replacement Hysterectomy Knee Arthroscopy Knee Replacement Lobectomy Lumpectomy Mastectomy Nephrectomy (kidney removed)	□ Oral Surgery □ Ovarian Cyst □ Prostate – Biopsy □ Prostatectomy □ Skin Biopsy □ Splenectomy □ Thyroidectomy □ Other:	
		, herbals, CBD products and/or m	edical marijuana usage	
			·····	
PHARMACIES:				
Please list your preferred  Local Pharmacy  Mail Order Pharmacy	pharmacy.  Pharmacy Name	Street Name	City, State	